

**ARIZONA SUPREME COURT
ADMINISTRATIVE OFFICE OF THE COURTS
JUVENILE JUSTICE SERVICES DIVISION
Contract Year 2009-2010
SERVICE SPECIFICATION
BRIEF STRATEGIC FAMILY THERAPY (BSFT)
Service Codes 250 & 251**

SERVICE DEFINITION:

This is a short-term, problem-focused intervention which utilizes a structural family systems framework therapy to improve a youth's behavioral problems by improving family interactions that are presumed to be directly related to the youth's symptoms.

STANDARDS/LICENSURE REQUIREMENTS:

At the discretion of the Contractor, services will be provided by personnel who are qualified by education, experience and/or training to deliver BSFT services in accordance with the standards and conditions established by the University of Miami.

UNITS OF SERVICE:

One unit equals one hour (50 minutes for therapy and 10 minutes for records documentation).

SERVICE GOAL:

Identify patterns of interaction that are associated with the youth's problem behavior. Using a family systems approach, develop interventions to change those patterns of interaction and preserve the family.

SERVICE TASKS:

1. Review existing social history and other relevant information.
2. With all involved parties, develop a treatment plan and/or individual service plan which must address the needs of the youth and family.
3. In accordance with the Individual Service Plan, provide authorized treatment service to the youth or family, if recommended.
4. Legibly document in client file all services provided, summary of progress, including date, duration, type of service and therapist name, signature, degree and title.
5. Prepare and provide monthly progress reports to probation officer.

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6. The Contractor will submit an annual report for each fiscal year (July 1 through June 30). Report is due 30 days after the end of the fiscal year. The report will contain the following data:
- Discharge Data
 - number of cases successfully discharged
 - number of cases closed prior to completing treatment and reason for non-completion
 - Outcome Data
 - 3, 6, 9 and 12 month outcome follow up of successfully discharged cases
 - 3, 6, 9 and 12 month outcome follow up of cases closed prior to completion of treatment
 - Outcome data must include, but is not limited to, the following variables: number of youth in a safe living environment, number of youth in school or working, number of youth that did not re-offend resulting in court involvement.

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I have read and fully understand the requirements to provide Brief Strategic Family Therapy services, agree to all requirements and restrictions and propose the following rate:

Proposed Contract Rate

Home-based BSFT (service code 250) \$ _____ / hour

Office-based BSFT (service code 251) \$ _____ / hour

Other Agreement: _____

Provider Signature / Date

AOC USE ONLY: DO NOT FILL IN BEYOND THIS LINE

Final Contract Rate

Home-based BSFT (service code 250) \$ _____ / hour

Office-based BSFT (service code 251) \$ _____ / hour

Other Agreement: _____

Provider Signature / Date

AOC Signature / Date