

**ARIZONA SUPREME COURT
ADMINISTRATIVE OFFICE OF THE COURTS
JUVENILE JUSTICE SERVICES DIVISION
Contract Year 2009-2010
SERVICE SPECIFICATION**

**Multisystemic Therapy for Problem Sexual Behaviors (MST-PSB)
Service Codes 297 & 298**

SERVICE DEFINITION:

Multisystemic Therapy for Problem Sexual Behavior (MST-PSB) is a family and community-based treatment for youth with sexual behavior problems who often also exhibit other complex clinical, social, and educational problems (e.g., violence, drug abuse, school expulsion). MST-PSB provides individualized, comprehensive, and family centered therapy, over a five (5) to seven (7) month period as an alternative to out-of-home placement for youth with sexual behavior problems. Service delivery may take place in homes, neighborhoods, schools, and communities.

STANDARDS/LICENSURE REQUIREMENTS:

- The Contractor must be licensed by the Office of Behavioral Health Licensure (OBHL).
- At a minimum, services will be provided by a person who holds a Masters degree in a human service related field AND possess the training requirements outlined below.

TRAINING REQUIREMENTS:

Prior to service delivery, MST-PSB staff shall receive five (5) days of training in the standard MST model by MST Associates (MSTA). In addition, staff shall receive one (1) day of PSB augmentation training. Staff providing supervision shall receive an additional one and one-half (1.5) days of training specific to supervision. Annually, staff shall receive 10 (ten) hours of training specific to adolescent problem sexual behaviors, development, and related topics.

MST-PSB treatment teams and their supervisors shall receive weekly telephone consultation from MSTA. On a quarterly basis, supervising staff shall receive a one and one-half (1.5) day training session while other staff receive one day.

UNIT OF SERVICE:

Service shall be billed in fifteen (15) minute increments. Direct service and indirect service must be billed separately.

SERVICE GOALS:

Avoid an out-of-home placement by providing service and promoting behavior change in the youth's natural environment through identification of problems/strengths in the family and extra-familial systems (e.g. peers, friends, school, and parental workplace).

SERVICE TASKS:

1. Provide the probation officer written determination upon conducting an eligibility screening which indicates acceptance or denial of the case/youth.

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2. Within twenty-four (24) hours of accepting a case make initial contact with the youth/family.
3. Conduct an assessment within five (5) of case acceptance and create a treatment plan within ten (10) days after case acceptance.
4. MST-PSB staff shall be available to the youth/family 24 hours per day, 7 days a week.
5. Conduct a weekly treatment team meeting for the purpose of reviewing individual case progress and developing outcome-focused weekly plans to achieve youth/family goals.
6. Collaborate with probation officer through weekly phone/email updates and monthly face-to-face meetings.
7. Provide a range of goal-directed services to each youth/family that may include but shall not be limited to:
 - a) Ensuring victim and community safety from the youth's PSB behaviors via comprehensive safety planning and youth management;
 - b) Completion of the clarification process, and, when indicated family reunification;
 - c) Improving parenting practices;
 - d) Increasing youth/family affection;
 - e) Decreasing association with deviant peers;
 - f) Increasing association with pro-social peers;
 - g) Improving school/vocational performance;
 - h) Engaging youth/family in positive recreational activities;
 - i) Improving family/community relations;
 - j) Empowering youth/family to solve future difficulties;
 - k) Teaching appropriate parenting skills, such as;
 - Alternatives to corporal punishment
 - Appropriate supervision of youth
 - Age appropriate expectations
 - Choices and consequences
 - Display of greater parent/child affection and trust
 - l) Family and marital interventions consistent with MST principles;
 - m) Individual interventions for parents and youth consistent with MST principles;
 - n) Aiding the youth/family in meeting concrete needs such as housing, medical care and legal assistance and assisting in making available follow-up support resources as needed;
 - o) Teaching the youth/family organizational skills needed to provide a positive environment (example, teaching budgeting skills, etc.);
 - p) Referring and linking the youth/family with follow-up services when necessary to ensure continued success meeting the youth/family's MST-PSB treatment goals;

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- q) Transporting youth/family when necessary and facilitating youth/family plans to access transportation for themselves on an ongoing basis;
 - r) Providing service in the youth's home, or, at the youth's/family's request, a location mutually agreed upon by the staff and youth/family; and
 - s) Provide service to the youth/family for an average of six months. If needed, a youth/family responding positively to treatment, may receive services for a longer duration for more difficult problems, if approved in writing by the referring department.
8. Conduct a termination interview with the youth/family and probation officer to summarize the progress made during treatment, options for maintaining progress, and the youth/family's satisfaction with the MST-PSB services provided.
 9. Submit a written discharge summary to the probation officer within seven (7) days after case closure.
 10. Contractor shall participate in quality assurance evaluation activities including, but not limited to group meetings, site visitations, videotaped reviews of sessions, and peer review of policies and procedures.

ANNUAL REPORTING:

1. The Contractor will collect, maintain, and report data annually to the AOC for each fiscal year (July 1 through June 30). The report is due no later than 30 days after the end of the fiscal year. The report must contain the following elements:
 - Number of referrals;
 - Number of cases accepted and not accepted;
 - Number of cases opened;
 - Number of cases not opened and reason;
 - Number of active cases;
 - Number of cases successfully discharged; and
 - Number of cases unsuccessfully discharged, including cases closed prior to completion of treatment, and reason.
2. The Contractor shall conduct a follow-up of discharged (successful and unsuccessful, respectively) cases at 3, 6, and 12 months. Follow-up shall include but is not limited to:
 - Percent of youth arrested for a non-sexual offense;
 - Percent of youth arrested for a sexual offense;
 - Percent of youth in out-of-home placement for a non-sexual offense;
 - Percent of youth in out-of-home placement for a sexual offense; and
 - Percent of youth with positive educational/vocational involvement.

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I have read and fully understand the requirements to provide Multisystemic Therapy for Problem Sexual Behaviors, and agree to all requirements and restrictions and propose the following rates:

Proposed Service Rate:

Direct Contact/Service (service code 297): \$_____ / youth / 15 minutes

Indirect Contact/Service (service code 298): \$_____ / youth / 15 minutes

Other proposed agreement: _____

Contractor Signature / Date

AOC USE ONLY: DO NOT FILL IN BEYOND THIS LINE

Final Contract Rate:

Direct Contact/Service (service code 297): \$_____ / youth / 15 minutes

Indirect Contact/Service (service code 298): \$_____ / youth / 15 minutes

Other agreement: _____

Contractor Signature / Date

AOC Staff Signature / Date